

**SKATE CANADA – CENTRAL ONTARIO
SUMMER SKATE 2005**



AUGUST 11 - 14, 2005

**THORNHILL COMMUNITY CENTRE
7755 Bayview Avenue (at John Street)
Thornhill, Ontario**

Sanctioned by Skate Canada and the United States Figure Skating Association

An invitation is extended to all eligible figure skaters to participate in the 44th annual Skate Canada – Central Ontario Summer Skate Competition. Skate Canada rules and regulations will apply throughout the competition unless otherwise specified. Singles categories with both short and long programs are offered as combined events only. All flights are final events. Dance and Pairs categories will be separate events.

**Cumulative Points Calculation System (CPC) will be used at this competition.
All officials at this competition have been trained in the Cumulative Points Calculation System (CPC).**

ENTRY FEES:	SINGLES	\$65.00 per person for Pre-Juvenile and Juvenile events \$105.00 per person for Pre-Novice, Novice, Junior and Senior events
	PAIRS	\$95.00 per couple for first event \$65.00 per couple for additional pairs event
	DANCE	\$95.00 per couple for first event \$65.00 per couple for second dance event \$30.00 per couple for three dance event

A portion of the entry fee has been assigned to ensure the purchase of the equipment for the Cumulative Points Calculation System as well as the training for all officials.

Fee payable with entry form by cheque or money order. Please do not send cash in the mail. Cheques are to be made payable to: **SKATE CANADA - CENTRAL ONTARIO**. Entries with post-dated cheques will not be accepted and will be returned to sender. A service charge of \$20.00 will be applied to cheques returned by your bank.

REFUNDS AND WITHDRAWALS: Full refunds will be given for any cancelled events or if the entry is withdrawn prior to July 6, 2005. After July 6, 2005, refunds will be given for medical reasons only, provided that the Skate Canada - Central Ontario office is contacted by 9:00 a.m. on the morning of the skater's event and the registrar receives medical certificate by August 26, 2005. All medical withdrawals are subject to an administration charge of \$20.00 per individual event or \$30.00 per combined singles event.

CLOSING DATE OF ENTRIES: All entries must be received at the Skate Canada – Central Ontario office, by **July 6, 2005**, prior to the close of business (4:30 p.m.) regardless of postmark or courier date. **Faxed entries will not be accepted. Registrations will be accepted on first come first served basis with restrictions in certain categories to accommodate the scheduling of events.** Late entries may be accepted at the discretion of the committee in charge and will be subject to a \$15.00 late fee.

RESTRICTIONS: In the case of a very large entry in any category, the entries will be drawn into flights. An event cannot be held if there is only one entry. Singles skaters are permitted to enter only one singles event, Dance & Pairs skaters are permitted to enter only one event of a similar type, i.e. one long program + one short program, or one compulsory + one original dance + one free dance.

ENCLOSED: General Information, List of Events and Entry Form.

SEND ENTRIES TO: Irma Orzeck, Registrar
Skate Canada - Central Ontario
111 Snidercroft Road, Unit A
Concord, ON L4K 2J8

Telephone: 905-760-9100 ext. 229
Toll Free: 1-877-267-0081 ext. 229

GENERAL INFORMATION

ICE SURFACES: West and East Arenas 85' x 200'

MUSIC: The West and East arenas will be equipped with cassette tape players and CD players, which will operate at standard speed. **TWO** cassettes or **ONE CD with a back up tape cassette** (*two CD's will not be accepted*) **MUST** be registered with the music registration officials at least one hour prior to the start of the event and may not be removed for any reason until after the event. Music must be picked up within 30 minutes after completion of the event. Exact timing of cassettes cannot be guaranteed.

Standard specifications for cassettes

1. Only one program shall be recorded on each cassette.
2. The start of the music shall be recorded a maximum of three (3) seconds following the head leader.
3. Competitor's name followed by music timing (not skating time) shall be clearly printed on each cassette and tape.
4. All cassette tapes shall be in cases. If no case is provided, one case must be purchased at a cost of \$0.50.
5. Maximum size (length) of music tapes shall be C60.

Compact Disc

Compact Discs will be accepted, one program per disc.

REGISTRATION: All competitors and coaches are required to register upon arrival at the arena. Registration and music registration will commence one hour prior to the first event of the day. Each competitor and his/her coach will receive an identification tag that must be retained and used as a pass for the duration of the competition.

COACH ACCREDITATION: In order to be accredited at the Skate Canada - Central Ontario Summer Skate 2005 Competition, Skate Canada coaches must be enrolled in the Section Coach Photo ID Program and **must bring the Photo ID** with them and **wear it at all times throughout the event.** Up to two certified coaches per entry will be accredited.

**If a coach does not have their update Photo ID but are accredited to enter, a Temporary ID will be provided. A cost of \$25.00 will be required by the Skate Canada-Central Ontario (COS) office after the event, if a Temporary ID has been provided to a COS coach more than two consecutive events.
No Refund, No Exceptions.**

CONFIRMATION AND SCHEDULE: Confirmations and a schedule of event and practice times will be forwarded to the competitor's **SUMMER SCHOOL** address, as provided on the entry form, after August 1, 2005. Please ensure that this address is complete and accurate.

TEST AND AGE REQUIREMENTS: As on July 1, 2005.

SKATING UP: Skating up at this competition is permitted. Skaters may skate up and compete at the level they intend to compete at the 2006 Sectionals. They must, however, meet the minimum requirements for the specific discipline.

AWARDS: Medals will be awarded to 1st, 2nd and 3rd place winners of each final event. Winners will receive their medals after the results have been posted. There will be no formal medal presentations.

TEAM AWARD: "The O'Donnell Memorial Cup". To be eligible, a school must have at least one entry in any four categories.

GENERAL Daily Pass - \$5.00, All-Event Pass - \$20.00
ADMISSION Senior Citizens - \$4.00 and Children under 12 - \$3.00 per day.

REFRESHMENTS: Two snack bars will be open during the competition.

FOR ADDITIONAL INFORMATION CONTACT: Irma Orzeck 905-760-9100 ex. 229

THORNHILL COMMUNITY CENTRE: For extra ice time only - 905-881-3313

ACCOMMODATIONS:

HOTELS: Reservations must be made directly with the hotel of your choice. Indicate that you are attending "Skate Canada - Central Ontario Summer Skate 2005". Please see map on last page.

SKATE CANADA - CENTRAL ONTARIO SUMMER SKATE OFFICIAL HOTEL:

NOVOTEL TORONTO NORTH YORK

3 Park Home Avenue, North York, Ontario M2N 6L3
 416-733-2929
 \$109 per night

ALTERNATE HOTEL:

COURTYARD BY MARRIOTT – MARKHAM

65 Minthorn Blvd, Markham, Ontario L3T 7N5
 905-707-6533

HOLIDAY INN HOTEL & SUITES – TORONTO-MARKHAM

7095 Woodbine Avenue, Markham, ON L3R 1A3
 1-800-387-3303; Fax 905-474-0312

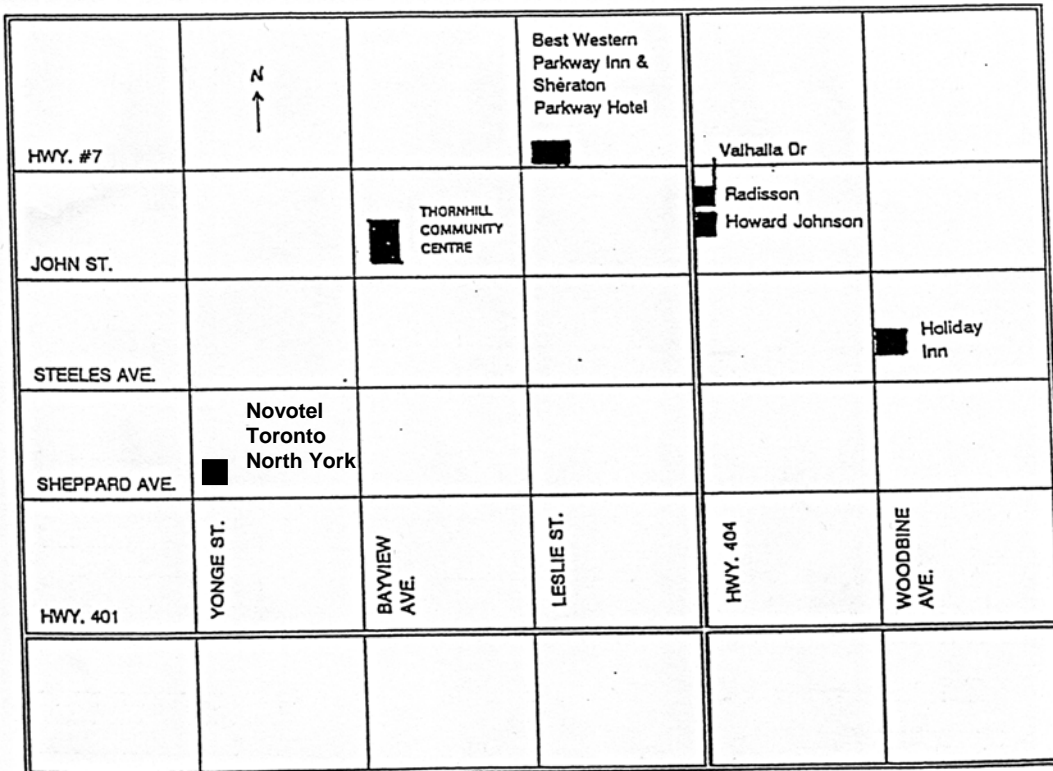
RADISSON HOTEL – TORONTO MARKHAM

50 Valhalla Drive, Markham, ON L3R 0A3
 905-477-2010, fax: 905-477-2026

SHERATON PARKWAY TORONTO NORTH & BEST WESTERN

600 Highway 7 East, Richmond Hill, ON L4B 1B2

MAP TO ARENA AND HOTELS



SINGLES EVENTS

ALL EVENT CRITERIA ARE SUBJECT TO AMENDMENTS PASSED AT THE SKATE CANADA ACGM IN WINNIPEG, JUNE 2005.

Entries are open to skaters who competed at any Sectional Run-off or Sectional competition in November 2004 (for 2005 Sectionals) or who intend to compete in Sectional competition in November 2005 in PRE-JUVENILE, JUVENILE, PRE-NOVICE, NOVICE, JUNIOR or SENIOR Singles events. **NOTE: Categories with both short and long programs are offered as combined events only. All flights are final events.**

All free programs in the 2005-2006 competitive season must meet the well-balanced program content requirements established by Skate Canada, regardless of the judging system being used at the competition.

SENIOR	Qualifying test requirement: Senior Competitive test (USFSA Senior Free Skating test). SHORT PROGRAM Required elements - <i>Please see Appendix</i> Maximum time: 2 Minutes 50 Seconds FREE PROGRAM LADIES: 4 Minutes MEN: 4 1/2 Minutes
JUNIOR	Qualifying test requirement: Junior Competitive test. (USFSA Junior Free Skating test) Shall meet ISU Junior Age Criteria – Must have reached the age of 13 but be under the age of 19 as of July 1, 2005 SHORT PROGRAM Required elements - <i>Please see Appendix</i> Maximum time: 2 Minutes 50 Seconds FREE PROGRAM LADIES: 3 1/2 Minutes MEN: 4 Minutes
NOVICE	Qualifying test requirement: Novice Competitive test. (USFSA Novice Free Skating test) SHORT PROGRAM Required elements - <i>Please see Appendix</i> Maximum time: 2 Minutes 15 Seconds FREE PROGRAM LADIES: 3 Minutes MEN: 3 1/2 Minutes
PRE-NOVICE	Qualifying test requirement: Pre-Novice Competitive test. (USFSA Intermediate test) SHORT PROGRAM Required elements - <i>Please see Appendix</i> Maximum time: 2 Minutes 15 Seconds FREE PROGRAM LADIES: 3 Minutes MEN: 3 Minutes
JUVENILE	Qualifying test requirement: Juvenile Competitive Test. (USFSA Juvenile Free Skating test). Must not have reached the age of 12 (ladies) and 13 (men) on July 1, 2005. FREE PROGRAM LADIES: 2 ½ Minutes MEN: 2 ½ Minutes
PRE-JUVENILE	Qualifying test requirement: Complete Junior Bronze Free Skating test. Competitors must have not reached the age of 11 (ladies) and 12 (Men) on July 1, 2005. FREE PROGRAM LADIES: 2 ½ Minutes MEN: 2 ½ Minutes

PAIRS EVENTS

ALL EVENT CRITERIA ARE SUBJECT TO AMENDMENTS PASSED AT THE SKATE CANADA ACGM IN WINNIPEG, JUNE 2005.

Entries are open to skaters who competed at any Sectional Run-off or Sectional competition in November 2004 (for 2005 Sectionals) or who intend to compete in Sectional competition in November 2005 in PRE-JUVENILE, JUVENILE, PRE-NOVICE, NOVICE, JUNIOR or SENIOR Pairs events. All flights, where necessary, are final events. **NOTE: PAIR Short Programs and Long Programs are separate events.**

All free programs in the 2005-2006 competitive season must meet the well-balanced program content requirements established by Skate Canada, regardless of the judging system being used at the competition.

**SENIOR PAIR
SHORT PROGRAM** Qualifying test requirement: Senior Competitive Pair test.
Maximum time: 2 Minutes 50 Seconds
Required Elements – ***Please see Appendix***

**SENIOR PAIR
FREE PROGRAM** Qualifying test requirement: Senior Competitive Pair test
Free Skating Program time: 4 1/2 Minutes

**JUNIOR PAIR
SHORT PROGRAM** Qualifying test requirement: Junior Competitive Pair test or higher.
Skaters shall meet ISU Junior age eligibility criteria. Must not have reached the age of 19 (ladies) & 21 (men) by July 1, 2005.
Maximum time: 2 Minutes 50 Seconds
Required Elements – ***Please see Appendix***

**JUNIOR PAIR
FREE PROGRAM** Skaters shall meet ISU Junior age eligibility criteria. Must not have reached the age of 19 (ladies) & 21 (men) by July 1, 2005.
Free Skating Program time: 4 Minutes

**NOVICE PAIR
SHORT PROGRAM** Qualifying test requirement: Novice Competitive Pair test or higher.
Maximum time: 2 Minutes 40 Seconds
Required Elements - ***Please see Appendix***

**NOVICE PAIR
FREE PROGRAM** Qualifying test requirement: Novice Competitive Pair test or higher.
Free Skating Program time: 3 1/2 Minutes

**PRE-NOVICE PAIR
SHORT PROGRAM** Qualifying test requirement: Pre-Novice Competitive Pair test or higher.
Maximum time: 2 Minutes 40 Seconds
Required Elements - ***Please see Appendix***

**PRE-NOVICE PAIR
FREE PROGRAM** Qualifying test requirement: Pre-Novice Competitive Pair test or higher.
Free Skating Program time: 3 Minutes

**JUVENILE PAIR
FREE PROGRAM** Qualifying test requirement: Juvenile Competitive Pair test or higher.
Free Skating Program time: 2 1/2 Minutes.

**PRE-JUVENILE PAIR
FREE PROGRAM** Qualifying test requirement: Each partner must not have passed any Pair test. Each partner must have passed the complete Preliminary Free Skating test but not higher than the complete Junior Bronze Free Skating test and must not have reached the age of 14 on July 1, 2005. Overhead lifts are not allowed. See Rule 5000 D 4.2 (1) for applicable deductions.
Free Skating Program time: 2.0 Minutes

DANCE EVENTS

ALL EVENT CRITERIA ARE SUBJECT TO AMENDMENTS PASSED AT THE SKATE CANADA ACGM IN WINNIPEG, JUNE 2005.

Entries are open to skaters who competed at any Sectional Run-off or Sectional competition in November 2004 (for 2005 Sectionals) or who intend to compete in Sectional competition in November 2005 in PRE-JUVENILE, JUVENILE, PRE-NOVICE, NOVICE, JUNIOR or SENIOR Pairs events. All flights, where necessary, are final events

NOTE: Dance events will be offered as separate events only.

All free programs in the 2005-2006 competitive season must meet the well-balanced program content requirements established by Skate Canada, regardless of the judging system being used at the competition.

SENIOR COMPULSORY DANCE	Qualifying test requirement: The Senior Competitive Dance Test. Tango Romantica
SENIOR ORIGINAL DANCE	Qualifying test requirement: The Senior Competitive Dance Test. Rhythm: Latin Combination
SENIOR FREE DANCE	Qualifying test requirement: The Senior Competitive Dance Test. Free Dance Program: 4 Minutes
JUNIOR COMPULSORY DANCE	Qualifying test requirement: The Junior Competitive Dance Test or higher. Westminster Waltz
JUNIOR ORIGINAL DANCE	Qualifying test requirement: The Junior Competitive Dance Test or higher. Rhythm: Latin Combination
JUNIOR FREE DANCE	Qualifying test requirement: The Junior Competitive Dance Test or higher. Free Dance Program: 3 Minutes
NOVICE COMPULSORY DANCE:	Qualifying test requirement: The Novice Competitive Test or higher Starlight Waltz and Blues
NOVICE FREE DANCE:	Qualifying test requirement: The Novice Competitive Dance Test or higher. Free Dance Program: 3 Minutes
PRE-NOVICE COMPULSORY DANCE:	Qualifying test required: Must have passed the Pre-Novice Competitive Dance test and the complete Senior Bronze Dance test or higher. Keats Foxtrot and American Waltz
PRE-NOVICE FREE DANCE:	Qualifying test required: Must have passed the Pre-Novice Competitive Dance test and the complete Senior Bronze Dance test or higher. Free Dance Program: 2 Minutes 30 Seconds
JUVENILE COMPULSORY DANCE:	Qualifying test requirement: Each partner must have passed the complete Junior Bronze Dance test or higher. Fourteenstep and European Waltz
JUVENILE FREE DANCE:	Qualifying test requirement: Each partner must have passed the complete Junior Bronze Dance test or higher. Free Dance Program: 2 Minutes
PRE-JUVENILE COMPULSORY DANCE	Qualifying test requirement: Each partner must have passed the complete Preliminary Dance test and must <u>not</u> have reached the age of 14 on July 1, 2005. Baby Blues and Willow Waltz

APPENDIX

ELEMENTS FOR 2005-2006 SEASON

Required Elements - Senior Singles Short Program

LADIES

- (a) Double Axel Paulsen
- (b) One triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One jump combination consisting of one double and one triple jump or two triple jumps (solo jumps may not be repeated as the first jump of the combination)
- (d) Flying Spin (min. 8 revolutions)
- (e) Layback or Sideways leaning spin (min. 8 revolutions)
- (f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) - min. 6 revolutions on each foot
- (g) Spiral Step sequence (minimum three different spiral positions and one change of foot)
- (h) Step sequence of a different nature (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds

Required Elements - Senior Singles Short Program

MEN

- (a) Double or Triple Axel Paulsen
- (b) One triple or quadruple jump immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One jump combination consisting of one double and one triple jump or two triple jumps, or a quadruple jump and a double or triple jump (solo jumps may not be repeated as the first jump of the combination)
- (d) Flying Spin (min. 8 revolutions)
- (e) Camel spin or Sit spin with only one change of foot (min. 6 revolutions on each foot)
- (f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) – min. 6 revolutions on each foot
- (g) Two step sequences of a different nature (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds

Required Elements - Junior Singles Short Program

LADIES

- (a) Double Axel Paulsen
- (b) One Double or Triple Lutz immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One Jump Combination consisting of two double jumps, or one double and one triple jump (jumps must be different from solo jumps)
- (d) Flying Sit (min. 8 revolutions)
- (e) Layback or sideways leaning spin (min. 8 revolutions)
- (f) Spin combination with only one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) minimum of 6 revolutions on each foot.
- (g) Spiral step sequence (minimum three different spiral positions and one change of foot)
- (h) Step sequence of a different nature (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds

Required Elements - Junior Singles Short Program

MEN

- (a) Double Axel Paulsen
- (b) One Double or Triple Lutz immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One Jump Combination consisting of one double and one triple jump, or two triple jumps (jumps must be different from solo jump)
- (d) Flying Sit (min. 8 revolutions)
- (e) Camel Spin with only one change of foot. (min. 6 revolutions on each foot)
- (f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variations thereof).
- (g) Two step sequences of a different nature (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds

Required Elements - Novice Singles Short Program

- (a) Axel or Double Axel
- (b) Double Lutz immediately preceded by connecting steps or other comparable free skating movements
- (c) Jump Combination - any double or triple jump followed by any double or triple jump (Double Lutz and the Double Axel may not be repeated as first jump)
- (d) Flying Camel Spin (min. 6 revolutions)
- (e) Spin combination with one change of foot and at least two changes of position (no flying start and min. 5 revolutions on each foot)
- (f) Layback or sideways leaning spin (min. 6 revolutions)**(Ladies)** / Cross Foot Spin (min 6 revolutions)**(Men)**
- (h) Circular Step Sequence

Maximum time: 2 Minutes 15 Seconds

Required Elements - Pre-Novice Singles Short Program

- (a) Axel or Double Axel
- (b) Double Salchow
- (c) Jump Combination - any double or triple jump followed by any double (Double Salchow may not be repeated as first jump)
- (d) Flying Camel Spin (min. 5 revolutions)
- (e) Spin combination with one change of foot and at least two changes of position (no flying start and min. 4 revolutions on each foot)
- (f) Layback or sideways leaning spin (min. 5 revolutions)**(Ladies)** / Cross Foot Spin (min 5 revolutions)**(Men)**
- (g) Circular Step Sequence

Maximum time: 2 Minutes 15 Seconds

PAIR ELEMENTS

Required Elements - Senior Pair Short Program

- (a) One overhead lift: any Hip lift take-off (Group 3)
- (b) One twist lift (double)
- (c) One throw jump (double or triple)
- (d) One solo jump (double or triple)
- (e) Solo spin with only one change of foot and at least one change of position (min. 5 revolutions on each foot)
- (f) Pair spin combination with at least one change of position and only one change of foot (sit, camel, upright or any variation thereof) – min. of 8 revolutions in total
- (g) One Death spiral – forward inside
- (h) Step sequence (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds

Required Elements – Junior (Group B) and Novice Pair Short Program

- (a) One toe hip lift take off (star)
- (b) One twist lift (double)
- (c) Throw Double Loop (Juniors may do Throw Triple Loop)
- (d) Any double or triple jump
- (e) Solo spin with only one change of foot and at least one change of position (min. 5 revolutions on each foot)
- (f) Pair spin combination with at least one change of position and only one change of foot (sit, camel, upright or any variation) – min. 8 revolutions in total
- (g) Death spiral – forward inside
- (h) Step sequence (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds **(Junior)** 2 minutes 40 Seconds **(Novice)**

Required Elements - Pre-Novice Pair Short Program

- (a) One lift
- (b) One twist lift (single or double)
- (c) One solo jump (Axel or any double jump)
- (d) Solo spin (minimum 4 rotations) - any but not a combination
- (e) Pair spin (minimum 4 rotations) - any but not a combination
- (f) One spiral figure
- (g) Spiral step sequence (min. of two spiral positions executed by each partner)
- (h) Step sequence (straight line, circular or serpentine)

Maximum time: 2 Minutes 40 Seconds